



# Super scrummy sardine squares

## Homemade fishy treats for your hound

*These homemade treats are sure to be a hit with any hound. They can be chopped up into very small pieces and used as training treats, and will keep up to 3 months if frozen.*

### Ingredients

- 2 tins of sardines (in oil)
- 2 eggs
- 300g (10oz) rice flour
- 2 cloves of garlic\*
- 60ml (2 floz) water
- 1 tsp fresh chopped parsley

### Prep time

- Prep | 15 mins
- Cook | 20 mins
- Ready in | 35 mins
- Storage | Keep in airtight container in fridge for up to 1 week **OR** freeze for up to 3 months.

### Instructions

01

Preheat oven to 180C (Gas Mark 4). Grease and line 30cm square (12" square) baking tin. Chop parsley and put to one side.

02

Mix sardines and garlic in food processor. Add eggs and flour, continue to mix until mixture comes together.

03

Add water and chopped parsley and continue to mix until mixture is medium dropping consistency (adding more water, if necessary).

04

Transfer to baking tin and bake 20- 25 minutes or until firm to touch. Allow to cool, turn out and cut into small squares.

\*Garlic is part of the Allium family & is known to be toxic to dogs in large quantities. Small quantities, such as in this recipe, should be fine. If you are worried, omit the garlic and add in some grated, smelly cheese instead. Happy Hounds Dog Training & Behaviour is not liable if you include garlic when making this recipe.